





Covid Scenarios for the Fall of 2022 and Beyond



Ulrich Elling

Institute of Molecular Biotechnology Austrian Academy of Sciences Barbara Schober Faculty of Psychology University of Vienna







- 1. What parameters influence the further development of the Covid-19 pandemic?
- 2. How to prepare from a psychosocial perspective? Communication and trust as parameters of a successful pandemic response



Viral Evolution: Infectivity and immune evasion

The space of options





Pathogenicity

SARS-CoV-2 phylogeny so far...





5. We go beyond what was seen so far

4. We observe Omicron plus Delta variants

3. We observe Omicron or Delta variants



1. We remain in the Omicron clade (stairs)

*

0

0

FUOP scenarios to stimulate imagination





FUOP scenarios to stimulate imagination: Vaccines









How much milder by repeaded exposure?





FUOP scenarios to stimulate imagination: Immunity





FUOP scenarios to stimulate imagination: Therapeutics





FUOP scenarios to stimulate imagination: Vulnerable Population

Pandemic is over	Endemic is reached	Transition to endemic	Pandemic continues	Pandemic escalates
Ο		Ο	0	
Low incidence	Regular peaks, mild	Regular Peaks	Regular, Hospitalization	Very high - Zero Covid
Adapted vaccinations	Adaptation impossible	Adaptation impossible	Adaptation impossible	New vaccination
Additive immunity	Additive immunity	Additive immunity	Assymptotic immunity	Lost immunity?
No therapy resistance	Resistance tolerated	Resistance to therapy	Resistance to therapy	Resistance to therapy
Vulnerables "safe"	Vulnerables at risk	High risk	High risk	High risk



FUOP scenarios to stimulate imagination: Health care

Pandemic is over	Endemic is reached		Pandemic continues	Pandemic escalates
0		ΟΔ	0	
Low incidence	Regular peaks, mild	Regular Peaks	Regular, Hospitalization	Very high - Zero Covid
Adapted vaccinations	Adaptation impossible	Adaptation impossible	Adaptation impossible	New vaccination
Additive immunity	Additive immunity	Additive immunity	Assymptotic immunity	Lost immunity?
No therapy resistance	Resistance tolerated	Resistance to therapy	Resistance to therapy	Resistance to therapy
Vulnerable "safe"	Vulnerable at risk	High risk	High risk	High risk
Rare Hospitalizations	Small healthcare adapt.	Periodic hospital peaks	Healthcare challenged	Triage

FUOP scenarios to stimulate imagination: Society and compliance



 \rightarrow Let's focus on what we can change! 17





- 1. What parameters influence the further development of the Covid-19 pandemic?
- 2. How to prepare from a psychosocial perspective? Communication and trust as parameters of a successful pandemic response



How to prepare from a psychosocial perspective? - Starting position

- After two years of pandemic, rising costs and a war in Europe, people are in a state of emotional and psychological exhaustion, perceived uncertainty is high AND everyday life is demanded to be like "Its over – once again"
- Psychological and psychosocial problems have increased, often become visible with a time delay after acute crisis states (e.g. depression, addiction, socio-economic problems) (e.g. Pieh et al., 2021; Sieberer et al., 2021)



 However, the overall goal must be to minimize negative health and psychosocial consequences for everyone and to "win" the citizens for the ongoing fight against COVID if necessary







How to prepare from a psychosocial perspective? Communication and trust as parameters of a successful pandemic response

- 1. Trust as a central basis regardless of the scenario that occurs
- 2. Basic principles of a (trust-promoting) communication strategy
- 3. Specific aspects of a communication strategy for autumn



1. Trust as a central basis

- Acceptance of measures that do not directly and immediately serve one's own benefit is based on a high level of trust in the responsible persons, in politics, health care and decision-makers (otherwise: high costs, polarization, attempt to escape)
- Trust makes people capable of acting when uncertainty and complexity are high (too high, to individually cope with)
- High trust is e.g. related to higher **willingness to vaccinate or lower belief in conspiracy theories** (e.g. Betsch et al, 2018; 2019; Böhm, 2022)



Trust in institutions and decision makers

How much trust do you have, that the following institutions are able to cope well with the Corona virus....



Mittelwerte und 95% Konfidenzintervalle. Februar 2022.

(Betsch et al., 2022; Böhm 2022; Sprengholz et al., 2022)

Trust in institutions and decision makers

Trust in national governments by country and survey round, EU 27 (%), Eurofound 2021





FUTURE OPERATIONS

Trust in Science (Eurobarometer, 2021)



https://www.citizen-science.at/blog/oesterreich-und-die-wissenschaft-eine-komplizierte-beziehung



Trust in Science (Eurobarometer, 2021)

QA12a.5 The following is a list of characteristics that can be associated with scientists today. For each characteristic, indicate if you think it describes scientists well or describes them badly Honest (%)



(European Commission, 2021)

https://www.citizen-science.at/blog/oesterreich-und-die-wissenschaft-eine-komplizierte-beziehung



Need for action with regard to next autumn: Promoting trust

High relevance of a systematic consideration of **preconditions for trust**:

- **Competence:** Factually sound knowledge (based on transparent involvement of experts) should be the base for decisions and should be appropriately communicated to the population; it should be spoken "with one voice"
- Transparency: Openness and comprehensible language with clear terms, strategies, rules and criteria for success, which also provides honest information about possible costs and efforts
- Good will: Interests of affected persons are placed in the focus
- Integrity: Actors inform themselves honestly and carefully and behave authentically. Moreover, they should not give the impression that they are pursuing their own interests or that they are dependent on others





Need for action with regard to next autumn: Promoting trust

From a psychosocial perspective, it is strongly recommended that any policy-level measurement planning should be systematically embedded in a larger flanking process dedicated to trust-building factors - and this should start NOW



For details see:

"Psycho-soziale Rahmenbedingungen für eine hohe Beteiligung an den COVID-19 Maßnahmen "Monitoring' und "Impfung'" https://futureoperations.at/fileadmin/user_upload/k_future_operations/20201212_Expert_Opinion_FOP_AG_Gesellschaft_Psychosoziales_Final.pdf



2. Basic principles of a (trust-promoting) communication strategy

- Clear and comprehensible goals as the basis for coherent communication
- Clear communication of how the goals are to be achieved and how one can contribute to the achievement of the goal (make capable of action!)
- Credibility: Goals must not seem arbitrary, should apply to the whole of Austria (no "country patchwork")
- Defining goals is by no means trivial a systematic process is necessary:
 - How to define a goal?
 - Who should be involved?
 - Necessary for this: Evaluation of the previous coping strategy and process reflection necessary to avoid previous mistakes data-based





2. Basic principles of a (trust-promoting) communication strategy

- Sustainable and forward-looking action and timely communication of goals as well as measures; co-planning implementation
- Coherence in communication of basic objectives promotes autonomous adaption of specific measures ("Courage for the gap")
- Consider the basic needs in every step and for every measure: Competence, autonomy and social inclusion (Deci & Ryan, 2000) Responsibility/Autonomy in goal achievement should be strengthened and better communicated.
- Individuals must have opportunities for self-determination to feel effective (again).

3. Specific aspects of a communication strategy for autumn

- Target group-specific communication and measures
- Optimization of vaccination communication: create clarity about target groups, de-emotionalize communication, emphasize the common ground instead of the differences, reduce polarization in a targeted manner
- Consider and involve supporters of the last two years: exhaustion states also here, underline reasons and necessity for following measures (even if effect did not occur as desired), stop beginning resignation by making successes visible
- Create clarity: Communicate effectiveness and interaction of measures in simple language and with robust statements (graphs, examples, understandable quantitative information), explain impact of compliance with measures (compliance)





(Betsch et al., 2018; 2019)





- Finally, individuals DECIDE whether they support measures, forego immediate benefits, accept sacrifices
- You have to "meet people where they are" COVID and the war in Europe make us feel insecure, questions all our routines in live, many feel exhausted decision-making under uncertainty needs a lot of trust and has many emotional aspects
- People need to feel effective and able to act
- Specific consequences for **different (vulnerable) groups** and dealing with the increasing **polarization in society** are very relevant
- Transparency and credibility is needed and there is a high desiderate for reasoned, consistent overall concepts that are well implemented and foster trust work on this must start now





For details:

- 23.5., 18:00-19:30 Panel Discussion 1 Vulnerable Populationen: Psychosoziale Bedingungen, Diversität und Inklusion (in German)
- 24.5., 09:00-10:30 What are the best approaches to increase trust, to improve communication, and to reduce polarization? (Thematic Session 5)
- 24.5., 14:00-15:30 How do we make daycare and schools "safe" in spite of the pandemic? Panel Discussion (Thematic Session 7)



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