Action plans for Hepatitis C: An international overview

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Objectives

Wit the new direct acting antiviral substances like Sofosbuvir, treating HCV has become much costlier, at least in in the short run. Complementing treatment regimens with public health measures in order to avoid new cases or reinfection has therefore gained attention. But what is actually being done in other countries, and what can we learn?

Methods and data

We conducted a desktop research alongside contacting experts, conducting interviews and gathering information from MoH and other stakeholders in each country to paint a clear picture of action plans currently in place or under development with a focus on, but not limited to, Europe. All plans were then according to their **framing**, **content** and their **outcomes**.

Framing

We compared dimensions like the date and time frame of implementation or the budget for the programmes, e.g.:

| Country | Presentation of the action plan | Is the action plan already in the implementation phase |
|---------------|--|--|
| Australia | 2014 (first strategy: 1999) | Yes |
| Canada | 2009 (first program: 1999) | n.a. |
| New Zealand | 2002 | Yes |
| Belgium | 2014 | Yes |
| Denmark | 2007 | n.a. |
| France | 2009 (first action plan: 1999) | Yes |
| Ireland | 2012 | Yes |
| UK – England | 2004 (first strategy: 2002) | Yes |
| UK – Scotland | 2005, 2008, 2011 (each action plan is based on the previous) | Yes |

| Country | Time frame for implemention |
|---------------|--|
| Australia | 2014-2017 |
| Canada | n.a. |
| New Zealand | 2002-2007 |
| Belgium | 2014-2019 |
| Denmark | n.a. |
| France | 2009-2012 |
| Ireland | 2012-2014 |
| UK – England | n.a. |
| UK – Scotland | Phase I: September 2006 - August 2008 Phase II: May 2008 - March 2011 Framework program: 2011 - 2015 |

| Country | Source of funds | Budget per capita of pop. | Budget per capita of preval. pop. |
|---------------|--|---|---|
| Australia | Central government | Needle and syringe exchange programme: 0,15 EUR | Needle and syringe exchange programme: 15 EUR |
| Canada | МоН | 0,22 EUR p.a. | 44-48 EUR p.a. |
| New Zealand | n.a | n.a. | n.a. |
| Belgium | n.a | n.a. | n.a. |
| Denmark | Specifically pooled funds/diverse sources | n.a. | n.a. |
| France | diverse | n.a. | n.a. |
| Ireland | No dedicated budget | 0,00 EUR | 0,00 EUR |
| UK – England | n.a | n.a. | n.a. |
| UK – Scotland | Phase I: Central government Phase II: Central government | Phase I: 1,05 EUR Phase II: 11,15 EUR | Phase I: 110 EUR Phase II: 1.210 EUR |

Content

Coordination and organization

| | AUS | CAN | NZL | BEL | DEN | FRA | IRL | GBR (Engl.) | GBR (Scot.) |
|--|-----|-----|-----|-----|-----|-----|-----|----------------|----------------|
| Nomination of a organization that is primarily responsible for implementation | х | х | х | | | х | х | | Х |
| Nomination of local responsibilities/ local networks/ local collaborations | х | х | х | х | х | х | х | Х | х |
| Actions of communication to regularly inform other people in responsibility/ stakeholder(e.g. regular updated and reports) | | | х | | | | | Х | х |
| Legislati∨e measures | Х | | Х | | | | | | |

Prevention, information, awareness raising, health education

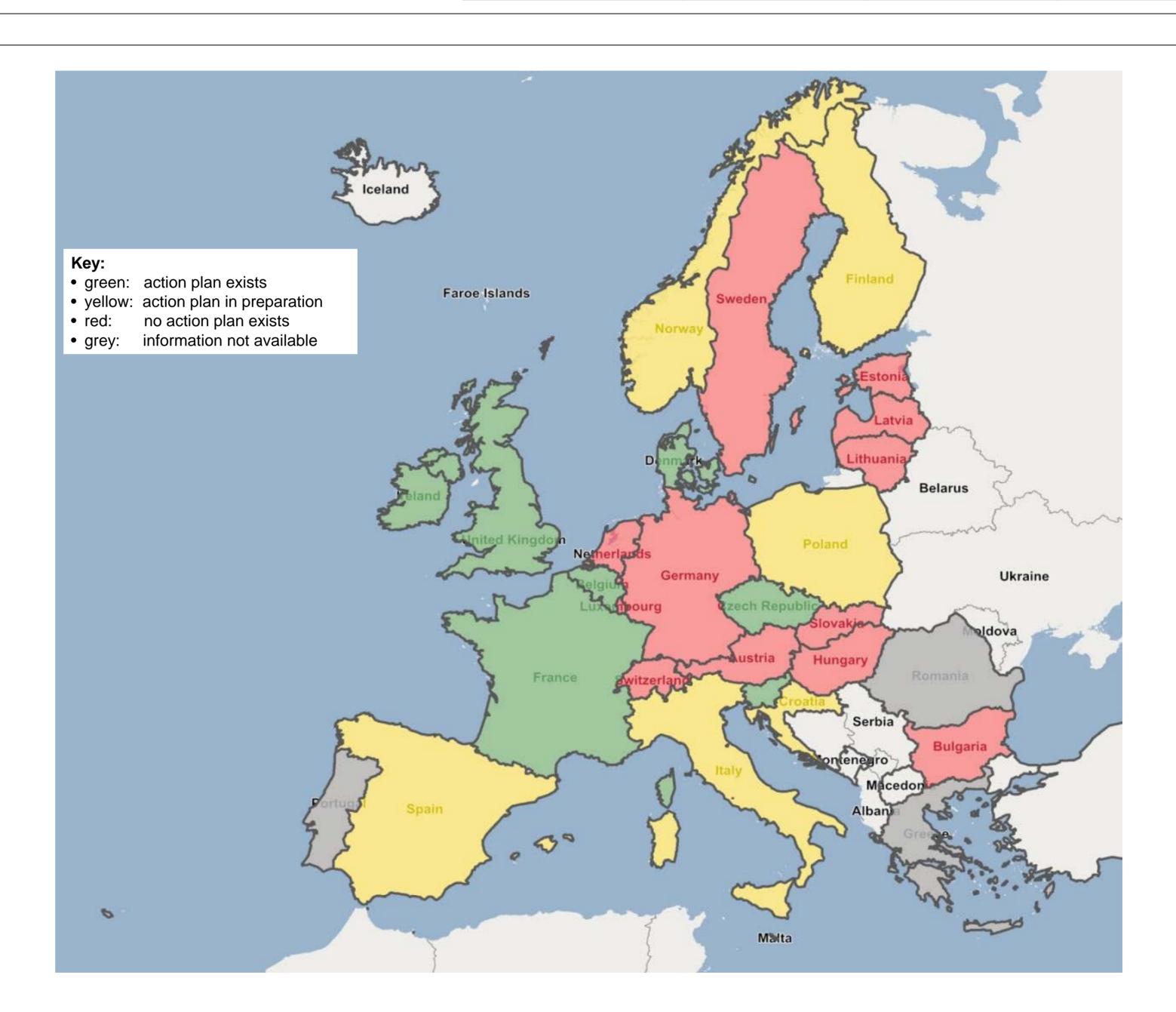
| | AUS | CAN | NZL | BEL | DEN | FRA | IRL | GBR (Engl.) | GBR (Scot.) |
|--|-----|-----|--------|--------|-----|-------------|--------|----------------|----------------|
| Needle-Exchange-Programs / Exchange-Programs for drug utensils | х | | х | х | | | х | Х | х |
| Needle-Exchange-Programs (or pilot projects)/ Exchange- Programs for drug utensils in prisons | | | Х | | | | Х | | Х |
| Development/ Expansion/ Application of guidelines for the provision and handling of Needle-Exchange-Programs / Exchange-Programs for drug utensils | | x | х | | | | | | х |
| Actions against drug use | | Х | Х | Х | | Х | Х | Х | |
| Actions or guidelines for piercings/ tattoos and similar actions | | | Х | Х | | Х | Х | Х | |
| General information campaigns | Х | Х | Х | Х | | Х | Х | Х | Х |
| Special information for - Drug users - Prisoners - Other vulnerable groups (e.g. migrants, ethnic minorities, native population) | | х | X X | x x | х | X X X | x x | X X X | X X X |
| Information and education in educational institutions | | | х | | | | | | Х |
| Information for media and other opinion forming instances | | | | | | х | | | х |

Education and training

| | AUS | CAN | NZL | BEL | DEN | FRA | IRL | GBR (Engl.) | GBR (Schottl.) |
|---|-----|-----|-----|-----|-----|-----|-----|----------------|-------------------|
| Education and training of medical professionals that treat/care for people with Hepatitis C, staff-training | х | х | х | х | | Х | Х | Х | х |
| Hepatitis C information/training for prison staff | | | х | | | Х | Х | | Х |

Data and monitoring

| | AUS | CAN | NZL | BEL | DEN | FRA | IRL | GBR (Engl.) | GBR (Schottl.) |
|--|-----|-----|-----|-----|-----|-----|-----|----------------|-------------------|
| Development or improvement of clinical databases for HCV (e.g. Prevalence register, register for tests, new cases in drug counseling facilities) | | | х | х | | | х | х | х |
| Fostering medical research | Х | Х | | Х | | Х | | Х | х |
| Evaluation of current service provision, tests, prevention material etc. | х | | х | х | | х | х | х | х |
| Evaluation of measures withing the action plan | | | Х | | Х | Х | | | Х |



Testing, treatment and care

| | AUS | CAN | NZL | BEL | DEN | FRA | IRL | GBR (Engl.) | GBR (Schottl.) |
|---|-------------|-----|-----|--------|-----|-------------|-------------|----------------|-------------------|
| Promotion of testing for HCV | Х | Х | Х | X | | Х | Х | х | X |
| Group-specific promotion of testing - Drug-users - Prisoners - Other vulnerable groups (e.g. certain migrants, ethnic minorities, first nations) | X X X | ^ | ^ | X X | х | X X X | X X X | X X | |
| Clinical guideline development and implementation | | Х | х | | | х | х | | х |
| Development and implementation of patient pathways | | | х | х | х | х | х | х | х |
| Promotion of immunization against HAV and HBV | | | х | х | х | | | | |
| Offering treatment and care options in facilities outside the health care system (e.g. in drug counseling or social working facilities,) | Х | х | | х | | х | х | х | х |
| Widening the range of treatment options | | | | х | | | | | |

Conclusions

- Several European countries have developed action plans for HCV or are in the process of developing one
- There is a considerable difference in the depth and breadth of the action plans
- Nearly all plans tackle the five issues: coordination of the plan, public health aspects, diagnosis and treatment, educational activities and data/monitoring issues
- A dedicated budget and clear governance seem to have a positive impact on success